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临床指南。

辅助生殖技术并发症诊断及处理共识

刘风华 杨业洲 张松英 乔 杰 刘嘉茵 (中华医学会生殖医学分会)

【摘要】促排卵治疗是辅助生殖技术(ART)的重要内容之一,但其改善临床妊娠率的同时,亦使卵巢过度刺激综合征(OHSS)、多胎妊娠、多部位妊娠等并发症发生几率增高。本文从ART并发症的诊断、治疗及预防等方面进行阐述,结合近年来国内、外相关领域研究进展及临床应用,中华医学会生殖医学分会部分专家对ART并发症的诊断和处理达成共识,以指导规范的临床应用。

关键词: 辅助生殖技术(ART); 促排卵; 卵巢过度刺激综合征(OHSS); 医源性多胎妊娠; 多部位妊娠

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临床指南。

A consensus of diagnosis and treatment for complications during assisted reproductive technology

Feng-hua LIU, Ye-zhou YANG, Song-ying ZHANG, Jie QIAO, Jia-yin LIU

(Society of Reproductive Medicine Study Groups of the Chinese Medical Association)

[ABSTRACT] Ovarian stimulation is one of the important contents of assisted reproductive technology (ART), the application of which improves the clinical pregnancy rate, but increases the rate of ovarian hyperstimulation syndrome (OHSS), multiple pregnancy and hesterotopic pregnancy. This article elaborated the diagnosis, treatment, and prevention of these complications. Combining the study progress and clinical application of related fields domestic and abroad in recent years, some experts of Chinese Medical Association reproductive medicine group reached a consensus in order to guide the standardization of its clinical use.

Key words: assisted reproductive technology (ART); ovarian stimulation; ovarian hyperstimulation syndrome (OHSS); iatrogenic multiple pregnancies; hesterotopic pregnancy

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医院(乔杰); 南京医科大学第一附属医院(刘嘉茵)

• 实验研究•

红芸豆植物凝集素终止小鼠中晚期妊娠中的相 关生殖激素变化研究

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【摘要】目的:探讨红芸豆植物凝集素(PHA)在终止小鼠中晚期妊娠时对孕鼠相关神经内分泌激素水平的影响。方法:将妊娠14 d 的孕鼠随机分为 PHA 组和溶剂对照(PBS)组,每组各 40 只。采用非手术法经阴道向每只孕鼠子宫注射 5 mg 的红芸豆 PHA 或等量的 PBS,并于注射后 2 h、5 h、8 h及发生流产时采血,取子宫胎盘(每个时间点每组处死 10 只动物),采用电化学发光法对孕鼠血清中的孕酮(P)、雌二醇(E₂)、睾酮(T)、催乳素(PRL)、黄体生成素(LH)、卵泡刺激素(FSH)进行检测,比较妊娠结局;用派诺宁 - 甲基绿染色法观察子宫、胎盘石蜡切片。结果:注射 PHA 组孕鼠血清中 E₂、FSH、LH和 T水平与注射 PBS 组无统计学差异;而 P和 PRL 水平在注射红芸豆 PHA 后 2 h时明显高于 PBS组,流产时明显低于 PBS组; PHA 组胎盘出现明显细胞凋亡。结论:红芸豆 PHA 终止小鼠中晚期妊娠并不改变孕鼠体内的 E₂、FSH、LH和 T水平,但对 P和 PRL 有较大影响,提示红芸豆 PHA 通过作用于子宫局部而导致流产,不影响中枢神经内分泌系统。

关键词: 红芸豆; 植物凝集素(PHA); 小鼠; 中晚期妊娠; 性激素; 催乳素(PRL); 孕酮(P)

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Changes of sexual hormones in mid-late pregnant mice after administration of red kidney beans lectin

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【ABSTRACT】Objective: To explore the changes of serum sexual hormones from pregnant mice with temination of middle and late pregnancy by administering red kidney bean phytohemagglutinin or lectin (PHA or RKBL). **Methods**: Fourteen-day pregnant (mid-late period in pregnancy) mice were injected 5 mg PHA to one side of uterine by nonsurgical method trough vaginal. PBS was used in control group. Blood sample, uterine and placnta were collected from ten mice at each time of 2 h, 5 h, 8 h after PHA or PBS administration per group and sexual hormones above-mentioned were tested by electrochemical luminescence. Sexual hormones and pregnancy outcome between the two groups were compared. Paraffin section of uterine and placenta dyed by Pyronine-methyl green was observed. **Results**: There were no difference for luteinizing hormone (LH), follicle-stimulating hormone (FSH), estradiol (E₂) and testosterone (T) between PHA group and PBS group. However, there were significantly differences on progesterone (P) and prolactin (PRL) between PHA group and PBS group. It showed that the P and PRL levels significantly increased compared with control group at 2 h and deceased significantly at abortion time compared with control group. An obvious apoptosis in placenta appeared in PHA group. **Conclusion**: Termination of mid-late pregnancy in mice by red kidney beans PHA did not change the E₂, FSH, LH and T levels. But it changes the P and PRL levels in process of termination pregnancy. Red kidney beans PHA played the role in local uterine area and had no influences on hypothalamus-pituitary neuro-endocrine system.

Key words: red kidney beans; phytohemagglutinin (PHA); mouse; mid-late pregnancy; sexual hormones; prolactin (PRL); progesterone (P)

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可逆抑制血管内皮生长因子(VEGF)表达转基因小鼠子宫基因转录谱分析

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【摘要】目的: 研究血管内皮生长因子(VEGF)对子宫中基因表达水平及信号通路的调控作用。方法: 利用四环素可逆调节VEGF基因表达的转基因小鼠, 通过新一代测序数字基因表达谱(DGE)方法分析在VEGF表达被抑制情况下的子宫基因表达水平。采用实时定量 PCR验证部分表达异常的基因。结果: 检测到在小鼠子宫中表达的基因约6×10⁶个。其中在VEGF基因表达被抑制条件下,表达水平变化比较明显的基因有2398个,其中上调的基因为1231个,主要包括调节细胞内激酶基因、细胞分裂的基因、蛋白折叠的基因等;下调的基因为1167个,主要包括调节肌肉发育的基因、细胞内基质形成的基因、血管形成的基因等。荧光定量 PCR验证表明,基因表达水平变化与转录谱结果高度相关, VEGF抑制后小鼠子宫内表达上调的基因有 P2ry14、Eln、Rnf187、Oxtr、Inhbb、Pabpn1、Car2 和Mif1 (r=0.972),表达下调的基因 VEGF、Acta2、Pcx、Tnc、Igfbp3、Cnn1 和 Hopx (r=0.931)。结论: VEGF表达水平与子宫功能的维持密切相关,为不明原因不孕的诊治提供了新思路。

关键词: 四环素可逆调节系统; 血管内皮生长因子(VEGF); 子宫; 转录谱

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Transcriptional profiling of mouse uterus at pre-implantation stage under VEGF repression

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[ABSTRACT] Objective: To study the value of vascular endothelial growth factor (VEGF) in reproduction immunology. **Methods**: The transgenic mouse model of tetracycline controlled reversible VEGF repression was established. Digital gene expression (DGE) method was used to to analyze gene expression level changes of mouse uterus. Partly genes with abnormal expression was identified by Real-time PCR. **Results**: There were about 6 million genes expressed in mouse uterus. Under the condition of VEGF repression, 2 398 genes expression were changed over 200 folds compared with the control. A total of 1 231 genes were up-regulated, include genes regulating intracellular kinase, cell devision, protein folding, etc. While 1 167 genes were down-regulated, including genes regulating muscle development, cell matrix construction, blood vessel forming, etc. Expression of up- or down-regulated gene by VEGF repression in DGE analysis were highly associated, indicated by Real-time PCR. After VEGF repression, up-regulated genes included *P2ry*14, *Eln*, *Rnf*187, *Oxtr*, *Inhbb*, *Pabpn*1, *Car*2 and *Mif*1 (*r*=0.972), down-regulated genes included *VEGF*, *Acta2*, *Pcx*, *Tnc*, *Igfbp3*, *Cnn*1 and *Hopx* (*r*=0.931). **Conclusion**: VEGF expression level is associated with reproductive function, which may become a new target of treating infertility diseases.

Key words: reversible tetracycline regulation system; vascular endothelial growth factor (VEGF); uterine; transcriptional profiling

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年轻女性长方案获卵数与临床结局的关系

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【摘要】目的: 探讨年轻、卵巢储备正常女性黄体期长方案中最佳获卵数范围,以取得最佳的临床结局。方法: 回顾性分析首次接受体外受精-胚胎移植(IVF-ET)且卵巢储备正常的1526例患者的临床资料。根据获卵数不同分为5组: A组(4~6枚)、B组(7~9枚)、C组(10~12枚)、D组(13~15枚)、E组(≥16枚),比较各组的受精率、卵裂率、种植率、可移植胚胎数、早期流产率、临床妊娠率及活产率、因卵巢过度刺激综合征(OHSS)倾向全部胚胎冷冻率、无可利用胚胎取消周期率和累积妊娠率及活产率等。结果: ①各组受精率、卵裂率、无可利用胚胎取消率、种植率及早期流产率无统计学差异(P>0.05)。新鲜周期移植临床妊娠率及活产率C组最高,但差异无统计学意义(P>0.05)。②随着获卵数的增加,可利用胚胎数增加,因OHSS倾向全部胚胎冷冻率显著增加。可利用胚胎率E组显著低于其他4组,D组显著低于B组(P<0.05)。累积妊娠率及累积活产率A组显著低于C组、D组及E组,B组显著低于E组,差异均具有统计学意义(P<0.05)。③ E组全部胚胎冷冻后首次复融移植临床妊娠率显著高于新鲜移植周期(P<0.05)。结论: 行黄体期长方案促排卵的年轻患者,获卵数为10~12枚时,在获得理想妊娠结局的同时,能够降低OHSS的风险,是理想的获卵数范围。当获卵数≥16枚时,全部胚胎冷冻后择期行复融移植能够取得更理想的临床结局。

关键词: 体外受精 - 胚胎移植(IVF-ET); 长方案; 获卵数; 妊娠结局

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• 临床研究 •

Analysis of optimal number of oocytes on clinical outcomes of young women with long protocol in IVF treatment

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*: Equally contributed to the research

【ABSTRACT】 Objective: To investigate the association between oocyte number and clinical outcomes of young infertility women undergoing long protocol during in vitro fertilization (IVF) cycles. Methods: The data of 1 526 infertile women undergoing their first IVF treatment cycle of long protocol were collected retrospectively. Patients were divided into five groups based on retrieval oocyte number: group A (4-6), group B (7-9), group C (10–12), group D (13–15), group E (≥ 16). The general clinical characteristics and clinical outcomes of IVF were compared. Results: 1) There were no significant differences in fertilization rate, cleavage rate, cancellation rate, pregnancy rate, implantation rate, early miscarriage rate and live birth rate among five groups (P>0.05). However, group C had the highest clinical pregnancy rate and live birth rate in fresh cycle. 2) With the increase of oocyte retrieved, the number of transferrable embryos and OHSS risk increased significantly. The transferrable embryo rate of group E was lower than that in the other four groups and in group D it was lower than that in group B. Also, group A had the lowest cumulative pregnancy rate and cumulative live birth rate, which in group B were lower than those in group E (P<0.05). 3) The clinical pregnancy rate in the first frozen-thawed embryo transfer cycle was much higher than fresh cycle in group E. Conclusion: For young infertile women undergoing long protocol in IVF, 10-12 oocytes is an ideal range of oocyte number to obtain the optimized pregnancy outcomes and a balance the OHSS risk. When the No. of retrieval oocyte is ≥ 16, frozen-thawed embryo transfer may improve the pregnancy rate.

Key words: *in-vitro* fertilization and embryo transfer (IVF-ET); long protocol; number of retrieval oocytes; clinical outcome

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低氧培养对未成熟卵体外成熟 及胚胎发育潜能的影响

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【摘要】目的: 研究辅助生殖技术超促排卵治疗中获得的未成熟卵在低氧培养体系中的发育潜能。方法: 卵胞质内单精子显微注射(ICSI)或体外受精-胚胎移植中(IVF-ET)短时受精中挑选出的 GV (germinal vesicle)期卵母细胞 80 枚, M_I (metaphase I)期卵母细胞 124 枚, 随机分为实验组和对照组,实验组置于低氧分压(体积分数 5%)的三气培养箱中、对照组置于高氧分压(体积分数 20%)常规培养箱中进行体外成熟培养(IVM)及随后的囊胚和胚胎培养。IVM 后成熟的卵母细胞进行ICSI受精,观察受精率、卵裂率及囊胚形成率。结果: 实验组 GV 期未成熟卵体外培养至 M_{II} 卵的成熟率、双原核(2PN)率、卵裂率、囊胚形成率及优质囊胚率与对照组无统计学差异(P>0.05)。但实验组 M_I 期卵培养至 M_{II} 卵的成熟率[96.8%(60/62)]、2PN 率[80%(48/60)]、囊胚形成率[43.8%(21/48)]及优质囊胚率[20.8%(10/48)]均高于对照组[分别为 58.1%(36/62), 52.8%(19/36), 11.8%(2/17)和 0.0%(0/17)],差异有统计学意义(P<0.05),而 2种培养体系的卵裂率无统计学差异。结论: 超促排卵中获得的未成熟卵,特别是 M_I 期裸卵在低氧培养体系中进行体外成熟及后续的胚胎培养,有利于获得优质囊胚。

关键词: 体外成熟培养(IVM): 未成熟卵母细胞: 氧分压

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Developmental competence of human oocytes after *in vitro* maturation and *in vitro* culture under low oxygen concentrations

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(ABSTRACT) Objective: To investigate the developmental potential of immature oocytes obtained from assisted reproductive technology hyperstimulation ovulation treatment under low oxygen tension culture system. **Methods**: The oocytes were obtained from intracytoplasmic sperm injection (ICSI) or short-term fertilization, there were 80 oocytes in germinal vesicle (GV) stage and 124 oocytes in metaphase I (M_{II}) stage. All of these immature oocytes were assigned randomly to 5% oxygen tension incubator (experimental group) or 20% oxygen tension of conventional culture incubator (control group) for maturation culture. All the matured metaphase II (M_{II}) oocytes were fertilized by ICSI. The fertilization rate, the cleavage rate and the blastocyst formation rate of the two culture systems were investigated. **Results**: For the GV oocytes, there was no significant difference in the maturation rate, the 2PN rate, the cleavage rate, the blastocyst formation rate and the good-quality blastocyst rate between the two groups. For the M_I oocytes, there were significantly higher maturation rate, 2PN rate, cleavage rate, blastocyst formation rate and good-quality blastocyst rate in experimental group than the control [96.8% (60/62) vs 58.1% (36/62), 80.0% (48/60) vs 52.8% (19/36), 43.8% (21/48) vs 11.8% (2/17) and 20.8% (10/48) vs 0.0% (0/17)]. **Conclusion**: The immature oocytes obtained from super ovulation promoting, especially the M_I oocytes can obtain higher maturation rate and more good-quality blastocysts in low oxygen tension culture system.

Key words: in vitro maturation (IVM); immature oocytes; oxygen tension

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多囊卵巢综合征患者促甲状腺素浓度与性激素、胰岛素抵抗及血脂关系的分析

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【摘要】目的: 探讨多囊卵巢综合征(PCOS)患者血清促甲状腺激素(TSH)浓度与临床特征及内 分泌代谢指标之间的相关性。方法: 选择 485 例 PCOS 患者, 测量身高、体质量、腰围、臀围, 应用电化学发光法分析测定血清 TSH、游离甲状腺素(FT4)、游离三碘甲状腺素(FT3)、总胆固 醇(TC)、低密度脂蛋白胆固醇(LDL-C)、极低密度脂蛋白胆固醇(VLDL-C)、高密度脂蛋白胆固 醇(HDL-C)、三酰甘油(TG)、载脂蛋白 A(apoA)、载脂蛋白 B(apoB)、空腹血糖(FBG)、空腹胰 岛素(INS)、卵泡刺激素(FSH)、黄体生成素(LH)、睾酮(T)、催乳素(PRL)、雌二醇(E₂)、雄稀二 酮(A2)和性激素结合球蛋白(SHBG); 计算体质量指数(BMI)、腰臀比(WHR)、LH与FSH比值(LH/ FSH); 采用稳态模型评估的胰岛素抵抗指数(HOMA-IR)。按血清 TSH 浓度将其分为 3 组, A 组 (n=297): TSH<2.5 mIU/L; B 组(n=120): TSH 为 2.5~4.0 mIU/L; C 组(n=68): TSH>4.0 mIU/L。比较 3 组上述各项指标的差异及TSH 与各项指标间的相关性。结果: 3组患者BMI、腰围、臀围、VLDL-C、TG、HDL-C、LH及apoA差异有统计学意义(P<0.05)。C组BMI、腰围、臀围、TG、VLDL-C及 apoA 均高于 A 组(P<0.05), 而 HDL 及 LH 均低于 A 组(P<0.05)。 C 组 BMI 及 TG 均高于 B 组, 差异有统计学意义(P<0.05), 而 HDL-C 低于 B 组, 差异有统计学意义(P<0.05)。B 组 VLDL-C高于A组(P<0.05)。TSH升高与BMI、体质量、腰围、臀围、TG、VLDL-C、HOMA-IR呈 正相关, 而与HDL-C、LH 呈负相关(P<0.05)。与其他相关代谢指标之间无统计学意义(P>0.05)。 结论: PCOS 患者的 TSH 与脂代谢指标有相关性, TSH>4 mIU/L 时脂代谢发生显著变化。

关键词: 多囊卵巢综合征(PCOS); 促甲状腺激素(TSH); 脂代谢

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Association between thyroid stimulating hormone and sex hormones, insulin resistance, serum lipid in patients with polycystic ovary syndrome

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[ABSTRACT] Objective: To analyze the polycystic ovary syndrome (PCOS) patients with serum thyroid stimulating hormone concentration and the correlation between clinical features and endocrine metabolism index. Methods: Four hundred and eighty-five cases of patients with PCOS were enrolled, height, weight, waist, hip were measured. Chemiluminescence was applied for measuring TSH, free thyroxine (FT4), free three iodine thyroid hormone (FT3), total cholesterol (TC), low-density lipoprotein cholesterol (LDL-C), very low-density lipoprotein cholesterol (VLDL-C), high-density lipoprotein cholesterol (HDL-C), triglycerides (TG), apolipoprotein A (apoA), apolipoprotein B (apoB), fasting blood glucose (FBG), fasting serum insulin (INS), follicle stimulating hormone (FSH), luteinizing hormone (LH), testosterone (T), prolactin (PRL), estrogen (E₂), androstendione (A2), sex-hormone binding protein (SHBG). Body mass index (BMI), waist hip ratio (WHR), LH-to-FSH ratio (LH/FSH) were calculated. The insulin resistance index was evaluated by steady-state model (HOMA-IR); all patients were divided into three groups according to serum thyroid-stimulating hormone: group A with TSH<2.5 mIU/L (n=297), group B with TSH 2.5-4.0 mIU/L (n=120); group C with TSH>4.0 mIU/L (n=68); all the hormone parameters mentioned above were compared among groups A, B and C and the correlation with TSH was analyzed. Results: BMI, waist, hip, VLDL-C, TG, HDL-C, LH and apoA of patients among three groups were significantly different (P<0.05). The BMI, Waist, Hip, TG, VLDL-C and apoA in group C were significantly higher than those in group A (P<0.05), whereas HDL-C and LH were significantly lower than those in group A (P<0.05). BMI and TG in group C were significantly higher than those in group B (P<0.05), whereas HDL-C was significantly lower than that in group B (P<0.05). VLDL-C in group B was significantly higher than that in group A (P<0.05). TSH increased with BMI, weight, waist, hip, TG, VLDL-C, HOMA-IR were positively correlated, and negative correlation with HDL-C, LH (P<0.05). No significant differences were shown in other clinical and metabolic indicators (P<0.05). Conclusion: There was a significant correlation between TSH and lipid metabolic parameters. Women with PCOS and with TSH>4.0 mIU/L had significantly endocrine and metabolic changes.

Key words: polycystic ovary syndrome (PCOS); thyroid stimulating hormone (TSH); lipid metabolic

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输卵管妊娠早期诊断的临床前瞻性研究

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【摘要】目的: 探讨输卵管妊娠的早期诊断方法。方法: 停经 45 d 内的可疑早期异位妊娠患者 83 例, 行阴道后穹隆穿刺取得腹腔液, 同时进行腹腔液及静脉血清 β -hCG、 E_2 、P定量测定, 以腹腔液 β -hCG/血清 β -hCG的比值分组, 临床追踪妊娠预后, 以腹腔镜手术病理诊断或诊刮病理诊断作为明确宫内、外妊娠的依据, 并将腹腔液 β -hCG/血清 β -hCG的比值与妊娠结局进行关联分析。结果: 腹腔液 β -hCG/血 β -hCG 比值>1 者均为输卵管妊娠; 腹腔液 β -hCG/血 β -hCG 比值<1 者均为宫内妊娠, 输卵管妊娠患者腹腔液及血清 E_2 、P值明显低于宫内妊娠者, E_2 、P的腹腔液与外周血比值在两组间无统计学差异。行后穹隆穿刺无一例发生感染。结论: 腹腔液 β -hCG/血 β -hCG 的比值是早期输卵管妊娠的准确诊断依据, 凡腹腔液 β -hCG 明显高于静脉血 β -hCG 者为输卵管妊娠, 反之为宫内妊娠, 符合率为100%。

关键词: 输卵管妊娠; 腹腔液; β-hCG; 后穹隆穿刺

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Diagnosis of atypical early tubal pregnancies: a clinical prospective study

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【ABSTRACT】Objective: To investigate the diagnosis of atypical early tubal pregnancies. **Methods**: A total of 88 atypical suspicious early ectopic pregnancy patients were enrolled. All the patients were performed culdocentesis, with the serum and peritoneal fluid β-hCG, estradiol (E₂), progesterone (P) quantitatively determined, and were divided into two groups according to the lg value of peritoneal fluid β-hCG/ serum β-hCG. Among the patients, 83 cases were pathologically diagnosed with tubal pregnancy or intrauterine pregnancy by laparoscopic operation or curettage, and the correlation between the value of peritoneal fluid β-hCG/ serum β-hCG and the diagnosis was analyzed. **Results**: All the patients with peritoneal fluid β-hCG/ serum β-hCG >1 were tubal pregnancies, and the others with the ratio <1 were intrauterine pregnancies confirmed by the follow up. The peritoneal fluid and serum E₂, P of patients with tubal pregnancies were significantly lower than thoses of patients with intrauterine pregnancies, while there were no peritoneal fluid E₂/serum E₂ nor peritoneal fluid P/serum difference in the two groups. No infection occurred after culdocentesis. **Conclusion**: The value of peritoneal fluid β-hCG/ serum β-hCG is an accurate evidence of the diagnosis of atypical early tubal pregnancy. The peritoneal fluid β-hCG/ serum β-hCG >1 indicates intrauterine pregnancy. Diagnostic results were totally coincident with pathological result.

Key words: tubal pregnancy; peritoneal fluid; β -hCG; culdocentesis

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• 综述 •

精子获能中信号转导途径的研究进展

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【摘要】哺乳动物精子获能是精卵成功结合的前提。精子获能时, 胞内环磷酸腺苷(cAMP)、环磷酸尿苷(cGMP)浓度显著升高, 调节精子活力及顶体反应。精子中 cAMP作用于 cAMP依赖性蛋白激酶(cAMP dependent protein kinase, PKA), 通过蛋白质磷酸化作用传递信息; cGMP与 cGMP依赖性蛋白激酶(cGMP dependent protein kinase, PKG)、环核苷酸门控离子通道(cyclic nucleotide gated ion channel, CNG)、磷酸二酯酶(phosphodiesteras, PDEs)等蛋白结合, 调控信号通路; Ca^{2+} 、 HCO_3 等离子通道同样与精子获能关系密切。

关键词: 精子获能; 腺苷酸环化酶(AC); 鸟苷酸环化酶(GC); Ca2+; HCO3-

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Advances of signal transduction pathway in sperm capacitation

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【ABSTRACT】 Mammalian sperm are required to undergo capacitation before they can undertake the fertilization process. During sperm capacitation, intracellular cyclic nucleotides cAMP, cGMP concentrations were significantly increased, regulating sperm motility and acrosome reaction. cAMP roles on sperm cAMP-dependent protein kinase, transmits information via protein phosphorylation; cGMP binds with cGMP-dependent protein kinase, cyclic nucleotide gated ion channel and phosphodiesterase, regulating signal transduction; Ca²+ and HCO₃⁻ are also closely related with sperm capacitation. This paper aims to review the advances of signal transduction pathway in sperm capacitation.

Key words: sperm capacitation; adenylate cyclase (AC); guanylate cyclase (GC); Ca²⁺; HCO₃⁻

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不同治疗方案对子宫内膜异位症合并不孕患者 生育影响的研究进展

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【摘要】近年来,子宫内膜异位症(EMs)与不孕的关系受到广泛关注。EMs 患者的临床妊娠率明显低于正常女性,不同的治疗方案对其生育的影响不同。轻度EMs 可先期待妊娠,继而考虑药物、促排卵、手术、辅助生殖技术(ART)等治疗方法;中、重度 EMs 期待妊娠率较低,建议先手术治疗,手术中应用生育指数(EFI)评分评估患者生育力,手术后可行期待妊娠或促排卵、ART等方式助孕;不建议单纯药物治疗及手术后药物治疗。根据患者 EMs 的程度及 EFI 评分制定个体化治疗方案,可以有效提高临床妊娠率。

关键词: 子宫内膜异位症(EMs); 不孕症; 生育

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Research progress of the effects of different treatments for endometriosis associated infertility on reproduction

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[ABSTRACT] In recent years, the relationship between endometriosis (EMs) and infertility has attracted extensive attention. The pregnancy rate of EMs patients is significantly lower than that of fertile women. The way of different treatments could affect their fertility. In infertile women with minimal and mild EMs, clinicians may use expectant management first about 1 year. Women failed to conceive should consider other managements, like medical therapies, controlled ovary hyperstimulation (COH), operative laparoscopy and assisted reproductive technology (ART). Infertile women with moderate to severe EMs have low expectant pregnancy rate, clinicians should use operative laparoscopy first. The EMs fertility index (EFI) predicts pregnancy rates (PRs) in patients with operation. They should use expectant management about 1 year at the most after surgery. Women failed to conceive should consider using ART. It doesn't recommend to use medical therapies only or after surgery. Individual treatment strategies can be made based on the stage of EMs, it can enhance the pregnancy rate.

Key words: endometriosis (EMs); infertility; fertility

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女用安全套的种类及国内可接受性研究进展

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【摘要】女用安全套根据原材料可以分为聚氨酯、天然橡胶及合成橡胶 3 类。目前女用安全套在中国的使用并不广泛。娱乐场所女性性工作者对女用安全套的防病与避孕的功能有着较高的认同,但因使用感受等因素使使用率较低。而夫妻使用女用安全套熟练后,放入更容易,不良反应发生率更低;金钱男孩(money boy, MB)的女用安全套使用率高于普通男男同性性行为者。影响女用安全套使用的因素包括产品外观及使用感受、人口学因素、性对象的配合及社会支持市场营销等多方面。应该改进产品,扩大宣传、降低价格,开发可行的推广模式促进女用安全套的使用。

关键词: 女用安全套; 可接受性; 影响因素

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Female condom type and domestic acceptability research progress

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[ABSTRACT] The female condom can be divided into polyurethane, natural rubber and synthetic rubber according to raw material. At present, the female condoms are not widely used in China. The female sex workers have a high recognition on the functions of disease prevention and contraception, but have the low rate of use because of the feel and other factors. After using skilled, couples use the female condom more easily and have lower adverse reaction. Money boys have higher use rate of female condom than ordinary men who have sex with men. The influence factors of female condom use include product appearance and use experience, demographic factors, sexual object, social support and marketing. We should promote the use of female condoms by improving the products, expanding publicity, reducing prices and developing feasible model.

Key words: female condom; acceptability; influence factors

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• 临床报道 •

特发性男性不育症患者精子功能 检测的临床分析

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【摘要】目的:探讨特发性男性不育症的病因。方法:收集30例特发性男性不育症患者(病例组)和30例已生育的成年健康男性(对照组)的精液,同时应用伊红染色法检测精子膜结构完整性,应用精子染色质扩散实验(SCD)检测精子DNA完整性,应用凝集素免疫荧光染色法(PNA-FITC)检测精子顶体完整性,利用JC-1荧光探针检测精子线粒体膜电位去极化情况。结果:病例组精子顶体完整百分率为(35.15±11.28)%,低于对照组(50.20±12.34)%,差异有统计学意义(P<0.05)。病例组与对照组精子伊红红染率、DNA碎片率及线粒体膜电位去极化情况差异无统计学意义(P>0.05)。结论:精子顶体完整性检测对部分特发性男性不育症患者的诊疗有重要的临床意义。

关键词: 特发性男性不育症; 精子顶体完整性; 精子DNA碎片率; 精子线粒体膜电位

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Clinical analysis of sperm function in patients with unexplained infertility

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【ABSTRACT】 Objective: To explore the male factor of unexplained infertility. **Methods**: Thirty semen samples from the unexplained infertility patients (case group) or normal fertile men (control group) were divided into four aliquots for examining the sperm cell membrane integrity, DNA integrity, acrosome integrity and mitochondrial membrane potential depolarization. **Results**: The sperm acrosome integrity of case group was significantly lower than that in control group, while no significant difference was found in sperm membrane integrity, DNA integrity and mitochondrial membrane potential depolarization between the case and control groups. **Conclusion**: The detection of sperm acrosome integrity has an important clinical significance in patients with unexplained infertility.

Key words: unexplained infertility; sperm acrosome integrity; sperm DNA integrity; sperm mitochondrial membrane potential

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冻融囊胚移植降低重复性异位妊娠发生

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【摘要】目的: 探讨重复性异位妊娠的发生与移植日胚胎发育天数的关系。方法: 回顾性分析 741 个冻融胚胎移植(FET)周期且有明确异位妊娠病史患者的临床资料。按胚胎体外培养时间分为卵裂组,复融第 3 日胚胎(n=458);囊胚组,复融第 5 或第 6 日囊胚(n=283)。比较组间患者的一般情况及治疗情况。结果: 组间患者的平均年龄、平均不孕年限、既往异位妊娠病史、输卵管手术史、内膜准备方案、内膜厚度等差异无统计学意义(P>0.05),囊胚组平均移植胚胎数低于卵裂组(1.9 ± 1.3 vs 2.0 ± 0.5, P<0.05),临床妊娠率、双胎妊娠率囊胚组高于卵裂组(75.97% vs 42.36%, 57.20% vs 31.40%, v>0.05),流产率、重复异位妊娠率囊胚组低于卵裂组(6.97% vs 16.49%, 0.82% vs 5.15%,v>0.05)。结论: 有异位妊娠病史的患者,囊胚移植可降低重复异位妊娠的发生风险。

关键词: 胚胎移植; 重复异位妊娠(REP); 胚胎发育

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Frozen-thawed blastocyst transfer could reduce the incidence of repeated ectopic pregnancy

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[ABSTRACT] Objective: To explore the relationship between the occurrence of repeated ectopic pregnancy (REP) with developmental days of embryos. **Methods**: A total of 741 frozen-thawed embryo transfer (FET) cycles were collected in which all the patients had a history of ectopic pregnancy (EP). According to the days of embryo development, the patients were divided into clevage group (n=458) with day 3 embryo transfer and blastocyst group (n=283) with day 5/6 blastocyst transfer. Age, duration of infertility, medical history of oviduct operations, protocol, endometrial thickness, the number of transferred embryos, multiple pregnancy rate, abortion rate and EP rate were compared between the two groups. **Results**: There was no significant difference in age, duration of infertility, history of EP, endometrium preparation protocol, medical history of oviduct operations and endometrial thickness at the start of progesterone (P>0.05). The number of transferred embryos was significantly lower in the blastocyst group than in cleavage group ($1.9 \pm 1.3 \text{ vs } 2.0 \pm 0.5, P$ <0.05). Clinical pregnancy rate and twin pregnancy rate were significantly higher in the blastocyst group than in cleavage group ($1.9 \pm 1.3 \text{ vs } 2.0 \pm 0.5, P$ <0.05). Conclusion: Blastocyst transplantation could reduce the risk of REP for patients with history of ectopic pregnancy.

Key words: embryo transfer (ET); repeated ectopic pregnancy (REP); embryo development

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输卵管结核的子宫输卵管造影表现

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【摘要】目的: 输卵管结核的子宫输卵管造影(HSG)表现。方法: 对经宫-腹腔镜、刮除活检、组织学检查、细菌培养、PCR及病理证实的22例输卵管结核病例进行回顾性分析,总结其子宫输卵管造影表现。结果: 输卵管结核的 HSG 表现各异,如输卵管积水、阻塞、周围粘连以及输卵管管腔呈串珠状、高尔夫球棒状、烟斗柄状、鹅卵石状以及豹皮状改变,而输卵管特异性形态改变常常高度提示输卵管结核的存在。结论: HSG是一种诊断输卵管结核的重要检查方法,与其他疾病相鉴别并指导临床进行及时干预和治疗。

关键词: 女性生殖系统结核; 子宫输卵管造影(HSG); 输卵管

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Hysterosalpingographic appearances of tubal tuberculosis

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[ABSTRACT] Objective: To evaluate the hysterosalpingographic manifestations of tubal tuberculosisubes on hysterosalpingograph (HSG). **Methods**: A total of 22 cases of tubal tuberculosis were included in this study, which were proved by hysteroscopy-laparoscopy, curettage biopsy, histologic examination, culture, polymerase chain reaction, or pathobiology. The HSG findings of tubal tuberculosisubes were analyzed. **Results**: Hysterosalpingographic findings of tubal tuberculosis varied from hydrosalpinx, occlusion, peritubal adhesion to specific pattern such as "beaded tube", "golf club tube", "pipestem tube", "cobble stone tube" and the "leopard skin tube", and the latter features may be non-specific for tuberculosis but were highly suggestive of tubal tuberculosisubes. **Conclusion**: HSG is considered as an important diagnostic tool of tubal tuberculosisubes, which can be considered in differential diagnosis of the causes of infertility and timing intervention and treatment.

Key words: female genital tuberculosis (FGTB); hysterosalpingography (HSG); fallopian tube

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• 讲座 •

克罗米芬在体外受精-胚胎移植方案中的应用

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【摘要】克罗米芬(CC)应用于体外受精 - 胚胎移植(in vitro fertilization and embryo transfer, IVF-ET)的促排卵方案中, 比常规方案更简单、方便、经济, 可重复性高。但CC对子宫内膜的 负面影响,使其在IVF中的应用受到限制,而针对这些负面影响采取的改善措施是否有效,也存 在争议。CC 应用于微刺激方案中与常规促排卵方案比较, 减少了 Gn 用量, 缩短了 Gn 天数, 减 少了卵巢过度刺激综合征(OHSS)的发生,在微刺激方案中,促排卵后期加用 CC 能够更好地改 善抗雌激素作用及抑制 LH峰, 降低周期取消率, 获得较多的卵子及较好的子宫内膜厚度。

关键词: 克罗米芬(CC); 体外受精 - 胚胎移植 (IVF-ET); 子宫内膜

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Application of clomiphene citrate in vitro fertilization and embryo transplantation

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【ABSTRACT】 Clomiphene citrate (CC) is more simple, convenient and economic than other ovulation induction in *in vitro* fertilization and embryo transfer (IVF-ET). Because of the negative impact on endometrium, the application development of CC in IVF is restricted. As regard to whether or not the measures are effective, it is also a matter of debate. To compared with conventional stimulate ovulation, the micro stimulate ovulation with CC can reduce the incidence of ovarian hyperstimulation syndrome (OHSS) and the Gn dosage and the Gn used days. The stimulate ovulation later period with CC can improve the anti-estrogen effect, the inhibition of LH peak, reduce the cycle cancellation rate, get more eggs and appropriate endometrial thickness.

Key words: clomiphene citrate (CC); in vitro fertilization and embryo transfer (IVF-ET); endometrium

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